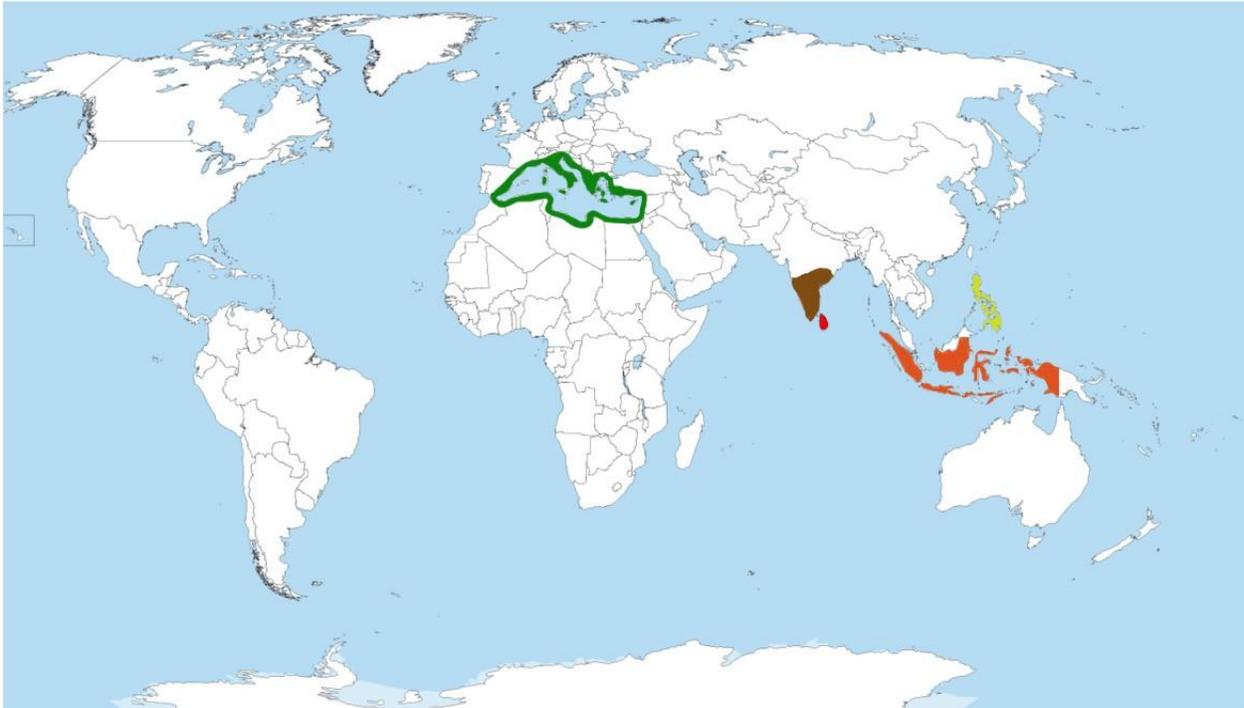


The Origin of Spices

Do you love the smell of cinnamon rolls? The key ingredient in your favorite cinnamon rolls, and many of our favorite foods, is spices! Spices make our food smell and taste delicious and give different regions of the world their signature flavors. Spices have been used for thousands of years as food, medicine, and for paint or dyes. Spices were once so important that wars were fought over them and some were more precious than gold. Let's see if we can figure out where different spices originated from. Click [here](#) for more information and an art project!



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Directions: Using the map above, match the region/country of origin to the correct spice

Cinnamon	_____	Sri Lanka (red)
Cardamom		Indonesia (orange)
Thyme		Southern India (brown)
Nutmeg		Mediterranean (green)
Cloves		Philippines (yellow)
Ginger		Indonesia (orange)

Cardamom - Southern India Cinnamon - Sri Lanka Thyme - Mediterranean Nutmeg - Indonesia Cloves - Indonesia
Ginger - Philippines

Spices were traded by land and by sea to different parts of the world. Soon people discovered that they could be grown in many different places, with the right climate. Cinnamon was only grown on the island of Sri Lanka, now it is grown in China, Indonesia, and South America! Today we have spices right at our fingertips to add to food. Let's try something new and use our spices for deliciously scented art!

Spice Paint Recipe:

Ingredients:

- 1 cup water
- ½ cup flour (flour and water can be substituted for white paint)
- 1 TB of a variety of spices
 - Thyme
 - Cinnamon
 - Cloves
 - Nutmeg
 - Ginger (or turmeric)
 - Cardamom
 - What other spices can you use?

Materials:

- Small bowls or containers for paint
- Paintbrush (or you can use your fingers!)
- paper

Instructions:

1. In a bowl mix flour and water together to form your paint.
2. Divide paint mixture into smaller bowls
3. Add 1 TB of spices to each bowl and mix well. Add more spice to get a brighter color.
4. Start painting!

Questions:

- Which spice was your favorite? Why?
- Where did that spice come from?
- What recipes can you make with that spice?